

HEROIN / OPIATES BIBLIOGRAPHY
Mayor's Community Coalition Against Heroin

Title	Author	ISBN	Pub Date	A/J/YA	Format	Call Number	Notes
<i>A common struggle: a personal journey through the past and future of mental illness and addiction</i>	Kennedy, Patrick J. and Stephen Fried	9780399173325	2015	ADULT	BOOK	616.89 KEN	Patrick J. Kennedy, the former congressman and youngest child of Senator Ted Kennedy, details his personal and political battle with mental illness and addiction, exploring mental health care's history in the country alongside his and every family's private struggles. A Common Struggle weaves together Kennedy's private and professional narratives, echoing Kennedy's philosophy that for him, the personal is political and the political personal. Focusing on the years from his 'coming out' about suffering from bipolar disorder and addiction to the present day, the book examines Kennedy's journey toward recovery and reflects on Americans' propensity to treat mental illnesses as 'family secrets.' Beyond his own story, though, Kennedy creates a roadmap for equality in the mental health community, and outlines a bold plan for the future of mental health policy. Written with award-winning healthcare journalist and best-selling author Stephen Fried, A Common Struggle is both a cry for empathy and a call to action-- Provided by publisher.
<i>Addiction: a reference encyclopedia</i>	Padwa, Howard and Jacob Cunningham	9781598842296	2010	ADULT	BOOK	616.86 PAD	Amazon Review: Grade 9 Up—This intelligently written, accessible volume focuses on addiction and its history. An opening essay includes a general definition; descriptions of the major addictive and psychoactive substances in the United States; how the substances work and what makes them addictive; and behavioral addictions such as gambling, compulsive shopping, and steroid abuse. The second section consists of 127 entries on individuals, events, organizations, and developments in the study of addiction, emphasizing government initiatives. Finally, 18 primary-source documents dating from 1811 (an excerpt from Benjamin Rush's <i>An Inquiry into the Effects of Ardent Spirits Upon the Human Body and Mind</i>) to 2007 (an excerpt from Nora D. Volkow's "NIDA Will Contribute to Obesity Research") provide further insight into the historical information. Esther Gwinnell and Christine Adamec's <i>The Encyclopedia of Addictions and Addictive Behaviors</i> (Facts On File, 2005) offers similar information, but without the emphasis on history.— <i>Debbie Hoskins, Grand Rapids Public Library, MI</i>
<i>American Pain: How a Young Felon and his Ring of Doctors Unleashed America's Deadliest Drug Epidemic</i>	Temple, John	9781493007387	2015	ADULT	BOOK	362.29 TEM	American Pain chronicles the rise and fall of a mega-clinic expressly created to serve addicts posing as patients, and how it helped tip the nation into its current opioid crisis, the deadliest drug epidemic in American history. Finalist for the Edgar® Award in Best Fact Crime
<i>Beautiful Boy: A Father's Journey Through His Son's Addiction</i>	Sheff, David	9780618683352	2008	ADULT	BOOK	362.299 SHE	From as early as grade school, the world seemed to be on Nic Sheff's string. Bright and athletic, he excelled in any setting and appeared destined for greatness. Yet as childhood exuberance faded into teenage angst, the precocious boy found himself going down a much different path. Seduced by the illicit world of drugs and alcohol, he quickly found himself caught in the clutches of addiction. Beautiful Boy is Nic's story, but from the perspective of his father, David.--From amazon.com.

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<i>Between breaths: a memoir of panic and addiction</i>	Vargas, Elizabeth	9781455559633	2016	ADULT	BOOK	B VAR	From the moment she uttered the brave and honest words, "I am an alcoholic," to interviewer George Stephanopoulos, Elizabeth Vargas began writing her story, as her experiences were still raw. Now, in BETWEEN BREATHS, Vargas discusses her accounts of growing up with anxiety-which began suddenly at the age of six when her father served in Vietnam-and how she dealt with this anxiety as she came of age, to her eventually turning to alcohol for relief. She tells of how she found herself living in denial, about the extent of her addiction and keeping her dependency a secret for so long. She addresses her time in rehab, her first year of sobriety, and the guilt she felt as a working mother who had never found the right balance. Honest and hopeful, BETWEEN BREATHS is an inspiring read"-- cProvided by publisher.
<i>Brave New Weed: Adventures into the Uncharted World of Cannabis</i>	Dolce, Joe	9780062499912	2016	ADULT	BOOK	613.835 DOL	Author Joe Dolce journeys across the globe in a quest to understand the clouded past and bright future of the weed. The book provides a fresh take on the new world of cannabis and all the promise that this much-maligned plant holds.
<i>Chasing the Scream</i>	Hari, Johann	9781620408902	2015	ADULT	BOOK	363.45 HAR	January, 2015 will mark a century of the war on drugs in the United States: one hundred years since the first arrests under the Harrison Act. Facing down this anniversary, Johann Hari was witnessing a close relative and an ex-boyfriend bottoming out on cocaine and heroin. But what was the big picture in the war on drugs? Why does it continue, when most people now think it has failed? The reporter set out on a two-year, 20,000-mile journey through the theater of this war--to find out how it began, how it has affected people around the world, and how we can move beyond it. Chasing the Scream is fueled by dramatic personal stories of the people he meets along the way: A transsexual crack dealer in Brooklyn who wanted to know who killed her mother, and a mother in Mexico who spent years tracking her daughter's murderer across the desert. A child smuggled out of the Jewish ghetto during the Holocaust who helped unlock the scientific secrets of addiction. A doctor who pushed the decriminalization in Portugal of all drugs - from cannabis to crack. The title itself comes from a formative story of Harry Anslinger, first commissioner of the Federal Bureau of Narcotics, sent as a boy to the pharmacy for a neighbor screaming in withdrawal -- an experience which led him to fear drugs without regard to context. Always we come back to the front lines in the U.S., where we instigated the war and exported it around the globe, but where change is also coming. Powerful, propulsive, and persuasive, Chasing the Scream is the page-turning story of a century-long mistake, which shows us the way to a more humane future-- Provided by publisher.
<i>Clean: Overcoming Addiction</i>	Sheff, David	9780547848655	2013	ADULT	BOOK	362.29 SHE	The author of the No. 1 New York Times bestseller "Beautiful Boy" offers a new paradigm for dealing with addiction based on cutting-edge research and stories of his own and other families' struggles with -- and triumphs over -- drug abuse.

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<i>Dreamland: The True Tale of America's Opiate Epidemic</i>	Quinones, Sam	9781620402528 (pbk) 9781620402504	2016	ADULT	BOOK	362.293 QUI	In 1929, in the blue-collar city of Portsmouth, Ohio, a company built a swimming pool the size of a football field; named Dreamland, it became the vital center of the community. Now, addiction has devastated Portsmouth, as it has hundreds of small rural towns and suburbs across America--addiction like no other the country has ever faced. How that happened is the riveting story of Dreamland. Recipient of the National Book Critics Circle Award for Nonfiction
<i>Heroin: Its History, Pharmacology, and Treatment (The Library of Addictive Drugs)</i>	Fernandez, Humberto	9781592858309	2011	ADULT	BOOK	362.293 FER	This second edition provides new research into heroin's effects on the brain, the changing attitudes and policies about methadone and medications, and the different approaches to treating heroin addicts. Included are studies of violence along the U.S.-Mexican border—which has put heroin trafficking in the spotlight—as well as a focus on how the wars in Iraq and Afghanistan have made opium a valuable commodity and a major source of funds for terrorists. Animated with vivid personal stories and vignettes, Heroin puts a human face on the long and complex story behind this notorious drug.
<i>Inside Rehab: The Surprising Truth About Addiction</i>	Fletcher, Anne M	9780670025220	2013	ADULT	BOOK	362.29 FLE	An insider's view of America's drug and alcohol rehab industry explores its strengths and weaknesses while revealing a disturbing gap between best practice and reality.
<i>Marlena</i>	Buntin, Julie	9781627797641	2017	ADULT	BOOK	Fiction BUN	An electric debut novel about love, addiction, and loss; the story of two girls and the feral year that will cost one her life, and define the other's for decades. Everything about fifteen-year-old Cat's new town in rural Michigan is lonely and off-kilter, until she meets her neighbor, the manic, beautiful, pill-popping Marlena. Cat, inexperienced and desperate for connection, is quickly lured into Marlena's orbit by little more than an arched eyebrow and a shake of white-blond hair. As the two girls turn the untamed landscape of their desolate small town into a kind of playground, Cat catalogues a litany of firsts -- first drink, first cigarette, first kiss -- while Marlena's habits harden and calcify. Within the year, Marlena is dead, drowned in six inches of icy water in the woods nearby. Now, decades later, when a ghost from that pivotal year surfaces unexpectedly, Cat must try to forgive herself and move on, even as the memory of Marlena keeps her tangled in the past. Alive with an urgent, unshakable tenderness, Julie Buntin's Marlena is an unforgettable look at the people who shape us beyond reason and the ways it might be possible to pull oneself back from the brink. -- cProvided by publisher.

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<i>Not as Prescribed: Recognizing and Facing Alcohol and Drug Misuse in Older Adults</i>	Haroutunian, Harry	9781616496272	2016	ADULT	BOOK	362.29 HAR	The older adult population is growing by leaps and bounds. Dramatic lifestyle changes, along with growing health problems, have led many to turn to alcohol, prescription painkillers and marijuana to medicate their physical and psychic pain. In this book, Dr. Haroutunian, physician director of the Licensed Health Professionals Program at the Betty Ford Center, provides the information needed to understand the dynamics of addiction in older adults.
<i>Opiate Addiction: The Painkiller Addiction Epidemic, Heroin Addiction and the Way Out</i>	Adams, Taite	9780988987555	2015	ADULT	BOOK	362.293 ADA	Opiate addiction has reached epidemic proportions in the United States, and the problem shows no signs of slowing. Overcoming addiction is tough and, with opiates, many find it nearly impossible. Overdose deaths from prescription painkillers have more than quadrupled over the last fifteen years. Drug overdoses are claiming the lives of 120 people daily in this country, 80 each day from opiates. If you or someone you love is addicted to opiates, this book offers a powerful message balanced with both useful information and hope for a way out from its stifling grip.
<i>Painkillers, Heroin, and the Road to Sanity: Real Solutions for Long-term Recovery from Opiate Addiction</i>	Gammill, Joani	9781616495213	2014	ADULT	BOOK	616.8632 GAM	Recovery from prescription painkiller or heroin addiction can feel impossible, especially considering that those who have gone through typical twenty-eight-day treatment programs often experience relapses and sometimes even fatal overdoses. But there is hope. Gammill affirms that recovery from opiate addiction is a process, not an event. This honest and trustworthy guide reveals that, although it may not happen in one detox or treatment experience, a healthy, drug-free life is possible.
<i>Pill City: how two honor roll students foiled the Feds and built a drug empire</i>	Deutsch, Kevin	9781250110039	2017	ADULT	BOOK	363.45 DEU	An award-winning crime reporter describes how two high school honor-roll students used gang connections to loot pharmacies and sell narcotics through delivery drivers using location-based technology and even formed an alliance with the Mexican drug cartel headed by El Chapo,--NovelList.
<i>The Big Fix: Hope after Heroin</i>	Mitchell, Tracey Helton	9781580056038	2016	ADULT	BOOK	362.293 MIT	After surviving nearly a decade of heroin abuse and hard living on the streets of San Francisco's Tenderloin District, Tracey Helton Mitchell decided to get clean for good. With raw honesty and a poignant perspective on life that only comes from starting at rock bottom, The Big Fix tells her story of transformation from homeless heroin addict to stable mother of three—and the hard work and hard lessons that got her there. Tracey's story of hope, hard work, and rehabilitation will inspire anyone who has been affected by substance abuse while offering hope for a better future.

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<i>Unbroken Brain</i>	Szalavitz, Maia	9781250055828	2016	ADULT	BOOK	362.29 SZA	Challenging both the idea of the addict's broken brain" and the notion of a simple "addictive personality," Unbroken Brain offers a radical and groundbreaking new perspective, arguing that addictions are learning disorders and shows how seeing the condition this way can untangle our current debates over treatment, prevention and policy. Like autistic traits, addictive behaviors fall on a spectrum -- and they can be a normal response to an extreme situation. By illustrating what addiction is, and is not, the book illustrates how timing, history, family, peers, culture and chemicals come together to create both illness and recovery- and why there is no "addictive personality" or single treatment that works for all."-- Provided by publisher.
<i>When a Child Dies from Drugs: Practical Help for Parents in Bereavement</i>	Pat Wittberger and Russ Wittberger	9781413439137	2004	ADULT	BOOK	155.937 WIT	"When a Child Dies From Drugs" is written by parents to help other parents who are experiencing the ultimate tragedy of their child's death from drugs or alcohol - parents who find themselves isolated in a fathomless dark void wondering whether they will ever resurface into the real world again. This book offers strength, practical advice and an aid in grief recovery for parents and families, gleaned not only from personal experiences but also from meeting with many parents through their out-reach program, "G.R.A.S.P."(Grief Recovery After Substance Passing) Subjects covered range from the emotional trauma of learning of the child's demise and on through the guilt, denial, anger, "what-if's" and, finally, acceptance and to suggestions of how to cope daily and into a future which will never be the same. It is also illuminating to all those who know someone who has lost a loved one through drugs -What to say and do? What NOT to say and do? There is advice here for those who want to support families in grief. With personal insights this book is very much like friends reaching out to friends in compassion and kindness - friends who understand because, quite simply, the writers continue to be on the same journey as those they will comfort.
<i>Dangers of Alcohol</i>	Parks, Peggy	9781682820124	2017	YOUNG ADULT	BOOK	YA 362.292 PAR	Most people who enjoy alcohol drink responsibly, but research has shown that the prevalence of heavy drinking and binge drinking is growing. The Dangers of Alcohol discusses the scope of the problem, effects of use and abuse, addiction, treatment and recovery, and prevention.
<i>Dangers of E-Cigarettes</i>	Parks, Peggy	9781682820148	2017	YOUNG ADULT	BOOK	YA 362.29 PAR	Health officials have become alarmed at the exploding popularity of e-cigarettes because so much remains unknown about them. The Dangers of E-Cigarettes discusses the scope of the problem, effects of vaping, addiction potential, risks for youth vapers, and regulation issues.
<i>Dangers of Hallucinogens</i>	MacKay, Jenny	9781682820162	2017	YOUNG ADULT	BOOK	YA 362.294 MAC	Hallucinogens are not as commonly used as some other illicit drugs but because they pose serious health risks, they remain a concern in the areas of public health and law enforcement. The Dangers of Hallucinogens discusses the scope of the problem; effects of use and abuse; addiction; treatment and recovery; and prevention.

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<i>Dangers of Heroin</i>	Allen, John	9781682820186	2017	YOUNG ADULT	BOOK	YA 362.293 ALL	One of the deadliest street drugs in existence, heroin afflicts users at every level of society. The Dangers of Heroin discusses the scope of the problem; effects of use/abuse; addiction; treatment and recovery; and prevention.
<i>Dangers of Marijuana</i>	Mooney, Carla	9781682820209	2017	YOUNG ADULT	BOOK	YA 362.295 MOO	Although many people believe that marijuana is not a dangerous drug, the abuse of marijuana can lead to serious long-term health consequences. The Dangers of Marijuana discusses the scope of the problem; effects of use and abuse; addiction; treatment and recovery; and prevention.
<i>Dangers of Methamphetamine</i>	Marcovitz, Hal	9781682820223	2017	YOUNG ADULT	BOOK	YA 362.2995 MAR	Evolving from a legal drug prescribed to treat depression, methamphetamine has grown into a home-cooked, highly toxic and extremely addictive drug that has infiltrated all corners of society. The Dangers of Methamphetamine will examine the scope of the problem; impact of the drug on the brain and body; addictive qualities of the substance; the challenges of rehabilitation; and the efforts underway to stem the availability of the drug.
<i>Dangers of Painkillers</i>	Parks, Peggy	9781682820247	2017	YOUNG ADULT	BOOK	YA 362.299 PAR	Pain medications serve a legitimate purpose, but the abuse of opioid painkillers represents a serious health threat. The Dangers of Painkillers discusses the scope of the problem; effects of use and abuse; addiction; treatment and recovery; and prevention.
<i>Dangers of Synthetic Drugs</i>	Mooney, Carla	9781682820261	2017	YOUNG ADULT	BOOK	YA 362.29 MOO	Often marketed as harmless incense, bath salts, or plant food, synthetic drugs are actually dangerous and unpredictable drugs. The Dangers of Synthetic Drugs discusses the scope of the problem; effects of use and abuse; addiction; treatment and recovery; and prevention.
<i>Heroin (Compact Research Series)</i>	Egendorf, Laura K	9781601520029	2007	YOUNG ADULT	BOOK	YA 362.293 EGE	Through objective overviews, primary sources, and full-color illustrations, this book examines the drug's effect on the body, treatments for addicts, prevention strategies, and the debate over decriminalization.
<i>Heroin (Junior Drug Awareness)</i>	Cobb, Allan B.	9780791097496	2009	YOUNG ADULT	BOOK	YA 615.32335 COB	Heroin examines the history of the drug and how it's made and trafficked, as well as why users find it so difficult to shake their sometimes deadly addiction. Revised and updated second edition.
<i>Heroin and Other Opioids: Poppies' Perilous Children (Illicit and Misused Drugs)</i>	Sanna, E. J.	9781422224335 9781422224526	2012	YOUNG ADULT	BOOK	YA 362.293 SAN	Describes heroin and opiate abuse, including who uses opioids, how they affect the human body, and treatment options for addicts.

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<i>How harmful are performance-enhancing drugs?</i>	Allen, John	9781682820766	2017	YOUNG ADULT	BOOK	YA 362.29 ALL	From Amazon: Despite their health dangers, performance-enhancing drugs such as anabolic steroids are in common use not only by professional athletes but by amateurs and teenagers. Issues are discussed clearly and objectively, with added insight from experts and others, in these chapters: What Are the Facts? How Dangerous Is the Use of Performance-Enhancing Drugs? Should Performance-Enhancing Drugs Be Illegal? Do Performance-Enhancing Drugs Undermine Fairness in Sports? How Effective Are Tests for Performance-Enhancing Drugs?
<i>Is marijuana harmful?</i>	Steffens, Bradley	9781682820971	2017	YOUNG ADULT	BOOK	YA 362.295 STE	Discusses marijuana use and effects, including whether it is a drug, whether it is an effective medical treatment, and should it be decriminalized.
<i>War on Drugs</i>	Kerrigan, Michael	9781422234891	2017	YOUNG ADULT	BOOK	YA 364.177 KER	No greater threat faces America today than that posed by illicit drugs—and this despite the well-publicized menace of international terrorism. Rather than destroy us from the outside, the war on drugs corrodes society from within. In many of our cities, drugs have transformed whole neighborhoods into lost places of criminality and despair. In order to assure a final victory, we must understand the complexity of the challenge. Each drug has a unique history—from their country of origin to the way in which they are manufactured. These details help us appreciate the depth of the problem. They also are used every day to help the Drug Enforcement Agency, Customs, Coast Guard, and other government agencies, pursue the smugglers.
<i>Addicted teens: heroin addiction</i>	TMW Media Group		2016	ADULT	DVD	632.293 ADD	Teen heroin abuse is a growing danger in our youth. Heroin is an extremely addictive opioid drug that synthesized from morphine. It can be snorted, smoked, or injected and usually comes in a white or brown powder substance. Discuss why heroin is important today, the signs of a teen using, and other important topics.
<i>How addiction hijacks the brain</i>	Cochran, Peter	9781627060905	2016	ADULT	DVD	362.29 HOW	This program drives home the message that drug addiction is a disease of the brain and that teens are at highest risk for acquiring this disease. Stephen Dewey and other leading scientists detail how drugs like heroin, nicotine, cocaine and marijuana change the brain, subvert the way it registers pleasure and corrupt learning and motivation. Young recovering addicts provide a human face to the effects of drugs and alcohol as they describe how addiction involves intense craving for a drug and loss of control over its use. Viewers also learn that the brain's plasticity or ability to change offers hope for addicts that they can turn their lives around. - HRM website. Includes: video, plus teacher's resource book, student handouts and pre/post tests in digital format.

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<i>Unprescribed: prescription for addiction</i>	Dreamscape Media		2016	ADULT	DVD	632.299 UNP	Filmed in Hawaii, Unprescribed presents an overview of the growing problem of prescription drug abuse in the U.S.
Highlights of the 2015 American Heart Association guidelines update for CPR and ECC.	American Heart Association		2015		PDF	WEBSITE	This "Guidelines Highlights" publication summarizes the key issues and changes in the 2015 American Heart Association (AHA) Guidelines Update for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC). It has been developed for resuscitation providers and for AHA instructors to focus on the resuscitation science and guidelines recommendations that are most significant or controversial or those that will result in changes in resuscitation practice or resuscitation training. In addition, it provides the rationale for the recommendations.
Opioid Overdose Prevention Toolkit	Substance Abuse and Mental Health Services Administration		2016		PDF	WEBSITE	This publication was prepared for the Substance Abuse and Mental Health Services Administration (SAMHSA) by the Association of State and Territorial Health Officials, in cooperation with Public Health Research Solutions, under contract number 10-233-00100 with SAMHSA, U.S. Department of Health and Human Services (HHS). LCDR Brandon Johnson, M.B.A., served as the Government Project Officer.
60 Minutes: Heroin in the Heartland			2016		VIDEO	VIDEO	Should heroin be treated as a medical or a legal problem? Bill Whitaker of "60 Minutes" reports.
At Issue Town Hall: The Heroin Epidemic	H. Wayne Wilson WTVP		12/15/16		VIDEO	WEBSITE	At Issue delves into a discussion on Heroin during the hour-long Town Hall held live on December 15th, 2016.

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Black Tar Heroin: The Dark End of the Street			2014		VIDEO	VIDEO	An extraordinary look at two years in the lives of five young heroin addicts, Black Tar Heroin offers a rare and intimate portrait of how heroin devastates young lives. The film chronicles the daily lives of Jake, Jessica, Tracey, Oreo and Alice, three young women and two young men, ages 18 to 25, as they face the ever-present perils of hard core drug addiction—crime, prostitution, rape, incarceration, AIDS, overdoses and death. The film shows the brutality and degradation of the drug life, but also depicts the addicts' pain and raw yearning — to get clean, to hold relationships together, to re-connect with their families, to get their lives back. (74 minutes)
Chasing the Dragon	Federal Bureau of Investigation (FBI) Drug Enforcement Administration (DEA)		2016		VIDEO	VIDEO	The heroin epidemic is not just on the rise nationally, but is a growing problem within our own area. Peoria is considered a geographic area of concern for the state of Illinois. The short film, Chasing the Dragon, documents the lives of several people who got caught in the web of heroin addiction. This film was viewed at two public forums held by the MCCA. PLEASE NOTE: this film contains mature material.
Heroin: Cape Cod, USA			2016		VIDEO	VIDEO	Opiate-related overdose deaths have quadrupled in the U.S. since 2001. In 2014, Massachusetts had more than 1,250 deaths from heroin overdose; today, 85 percent of the crimes on Cape Cod are opiate-related. Heroin: Cape Cod, USA is a cinema-verité look at the heroin epidemic currently sweeping America's small towns and communities, focusing on eight young heroin addicts in idyllic Cape Cod, Massachusetts. (75 minutes)
Drug Overdose Prevention Programs	Illinois Department of Human Services		n.d.		WEBSITE	WEBSITE	Information in regards to the DOPP (Drug Overdose Prevention Program) established for Illinois September 9, 2015.
Heroin-related drug overdose deaths by sex, age group, race/ethnicity, and county, Illinois residents, 2013-2015	Illinois Department of Human Services		2016		WEBSITE	WEBSITE	Link to Illinois data.

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Injury Prevention and Control: Opioid Overdose	Centers for Disease Control and Prevention		2016		WEBSITE	WEBSITE	Since 1999, opioid prescriptions have quadrupled, and over 183,000 people have died from prescription opioids. These new recommendations focus on clinical practice and provide evidence and guidance to improve how these drugs are prescribed—and ultimately improve patient care.
Injury Prevention and Control: Overdose State Statistics	Centers for Disease Control and Prevention		2015		WEBSITE	WEBSITE	<p>Opioids—prescription and illicit—are the main driver of drug overdose deaths. Opioids were involved in 33,091 deaths in 2015, and opioid overdoses have quadrupled since 1999.</p> <p>In 2015, the five states with the highest rates of death due to drug overdose were West Virginia (41.5 per 100,000), New Hampshire (34.3 per 100,000), Kentucky (29.9 per 100,000), Ohio (29.9 per 100,000), and Rhode Island (28.2 per 100,000).</p> <p>Significant increases in drug overdose death rates from 2014 to 2015 were primarily seen in the Northeast and South Census Regions. States with statistically significant increases in drug overdose death rates from 2014 to 2015 included Connecticut, Florida, Illinois, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, New Hampshire, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Rhode Island, Tennessee, Washington, and West Virginia</p>
Mission and vision	Jolt Foundation		2016		WEBSITE	WEBSITE	Jolt Foundation was established by Blake and Tamara Olt after the death of their son Joshua Olt from an accidental heroin overdose.
Opiate Abuse Side Effects, Addiction Signs & Symptoms	Delta Medical Center		n.d.		WEBSITE	WEBSITE	Information from a substance abuse and addiction treatment center in Memphis, TN.
Patient teaching tips for new nurses	Smith, J. & Zsohar, H.		2016		WEBSITE	WEBSITE	
Risk Factors for Opioid Misuse	Centers for Disease Control and Prevention		2016		WEBSITE	WEBSITE	Past misuse of prescription opioids is the strongest risk factor for starting heroin use – especially among people who became dependent upon or abused prescription opioids in the past year. This indicates that the transition from prescription opioid non-medical use to heroin use may be part of the progression to addiction.

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Today's Heroin Epidemic	Centers for Disease Control and Prevention		2015		WEBSITE	WEBSITE	Heroin use has increased across the US among men and women, most age groups, and all income levels. Some of the greatest increases occurred in demographic groups with historically low rates of heroin use: women, the privately insured, and people with higher incomes. Not only are people using heroin, they are also abusing multiple other substances, especially cocaine and prescription opioid painkillers. As heroin use has increased, so have heroin-related overdose deaths. Between 2002 and 2013, the rate of heroin-related overdose deaths nearly quadrupled, and more than 8,200 people died in 2013. States play a central role in prevention, treatment, and recovery efforts for this growing epidemic.
www.cdc.gov					WEBSITE	WEBSITE	The United States is in the midst of an opioid overdose epidemic. Opioids (including prescription opioids and heroin) killed more than 33,000 people in 2015, more than any year on record. Nearly half of all opioid overdose deaths involve a prescription opioid. The CDC's website offers resources for patients, providers, and communities.
www.dea.gov	U.S. Department of Justice				WEBSITE	WEBSITE	<p>The Drug Enforcement Administration was created by President Richard Nixon through an Executive Order in July 1973 in order to establish a single unified command to combat "an all-out global war on the drug menace." At its outset, DEA had 1,470 special agents and a budget of less than \$75 million. Today, the DEA has nearly 5,000 special agents and a budget of \$2.03 billion.</p> <p>The mission of the Drug Enforcement Administration (DEA) is to enforce the controlled substances laws and regulations of the United States and bring to the criminal and civil justice system of the United States, or any other competent jurisdiction, those organizations and principal members of organizations, involved in the growing, manufacture, or distribution of controlled substances appearing in or destined for illicit traffic in the United States; and to recommend and support non-enforcement programs aimed at reducing the availability of illicit controlled substances on the domestic and international markets.</p>

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www.drugabuse.gov	National Institute on Drug Abuse				WEBSITE	WEBSITE	<p>Drug use and substance use disorders (SUDs) affect millions of Americans and impose enormous costs on our society. In 2014, nearly 27 million people in the United States were current users of illicit drugs or misused prescription drugs, and almost 67 million people smoked or used other harmful tobacco products. NIDA's mission as the lead federal agency devoted to research on the health effects of drug use is to advance science on the causes and consequences of drug use and addiction and to apply that knowledge to improve individual and public health through:</p> <p>Strategically supporting and conducting basic and clinical research on drug use (including nicotine), its consequences, and the underlying neurobiological, behavioral, and social mechanisms involved.</p> <p>Ensuring the effective translation, implementation, and dissemination of scientific research findings to improve the prevention and treatment of substance use disorders and enhance public awareness of addiction as a brain disorder.</p>