Some might see it as a guilty pleasure, but there is no denying that Young Adult books are popular—and not only with teenagers. Here are just some best selling YA books. Check one out and see if you become a fan.

**Dear Evan Hansen** by Val Emmich

When a letter that was never meant to be seen by anyone draws high school senior Evan Hansen into a family’s grief over the loss of their son, he is given the chance of a lifetime: to belong. He just has to stick to a lie he never meant to tell, that the notoriously troubled Connor Murphy was his secret best friend. Suddenly, Evan isn’t invisible anymore—even to the girl of his dreams. And Connor Murphy’s parents, with their beautiful home on the other side of town, have taken him in like he was their own, desperate to know more about their enigmatic son from his closest friend. As Evan gets pulled deeper into their swirl of anger, regret, and confusion, he knows that what he’s doing can’t be right, but if he’s helping people, how wrong can it be?

No longer tangled in his once-incapacitating anxiety, this new Evan has a purpose. And a website. He’s confident. He’s a viral phenomenon. Every day is amazing. Until everything is in danger of unraveling and he comes face to face with his greatest obstacle: himself.

**American Street** by Ibi Zoboi

In this stunning debut novel, Pushcart-nominated author Ibi Zoboi draws on her own experience as a young Haitian immigrant, infusing this lyrical exploration of America with magical realism and vodou culture. On the corner of American Street and Joy Road, Fabiola Toussaint thought she would finally find una belle vie—a good life. But after they leave Port-au-Prince, Haiti, Fabiola’s mother is detained by U.S. immigration, leaving Fabiola to navigate her loud American cousins, Chantal, Donna, and Princess; the grittiness of Detroit’s west side; a new school; and a surprising romance, all on her own.

Just as she finds her footing in this strange new world, a dangerous proposition presents itself, and Fabiola soon realizes that freedom comes at a cost. Trapped at the crossroads of an impossible choice, will she pay the price for the American dream?

**Turtles All The Way Down** by John Green

Sixteen-year-old Aza never intended to pursue the mystery of fugitive billionaire Russell Pickett, but there’s a hundred-thousand-dollar reward at stake and her Best and Most Fearless Friend, Daisy, is eager to investigate. So together, they navigate the short distance and broad divides that separate them from Russell Pickett’s son, Davis. Aza is trying. She is trying to be a good daughter, a good friend, a good student, and maybe even a good detective, while also living within the ever-tightening spiral of her own thoughts.

In his long-awaited return, John Green, the acclaimed, award-winning author of *Looking for Alaska* and *The Fault in Our Stars*, shares Aza’s story with shattering, unflinching clarity in this brilliant novel of love, resilience, and the power of lifelong friendship.

**Protected** by Claire Zorn

When Hannah’s sister dies in a car crash, she has to face some harsh truths:

1. Katie will always be fifteen, which means Hannah will become the older sister.
2. Hannah’s life has somehow become easier after Katie’s death. (No one wants to bully the girl whose sister died.)
3. Hannah’s testimony about what happened in the car that day is the only thing standing between her father and a possible criminal conviction.

Through her storm of grief, guilt, and silent suffering, something unexpected happens. Hannah meets a potential friend, possibly her first. But as the pressure to remember the events of the crash in time for her father’s trial comes to an all-time high, Hannah doesn’t know if she has the strength to open herself up to friendship, not when it could be just another cruel joke. Because if it is, Hannah’s not sure she can take it...

**Tell Me Three Things** by Julie Buxbaum

Everything about Jessie is wrong. At least, that’s what it feels like during her first week of junior year at her new ultra-intimidating prep school in Los Angeles. It’s been barely two years since her mother’s death, and because her father eloped with a woman he met online, Jessie has been forced to move across the country to live with her stepmonster and her pretentious teenage son, and to start at a new school where she knows no one. Just when she’s thinking about hightailing it back to Chicago, she gets an email from a person calling themselves Somebody/Nobody (SN for short), offering to help her navigate the wilds of Wood Valley High School: Is it an elaborate hoax? Or can she rely on SN for some much-needed help?

In a leap of faith—or an act of complete desperation—Jessie begins to rely on SN, and SN quickly becomes her lifeline and closest ally. Jessie can’t help wanting to meet SN in person. But are some mysteries better left unsolved?

**The Rise of The Six** by Matt Ryan

Joey Foust has no idea he’s a wanted man and his parents aim to keep it that way. They raised him as a normal boy in a small American town, hoping he and his friends don’t discover what lies beyond. And for eighteen years, they succeed. Joey and his friends, the Preston Six, were all born on the same day, but soon come to find they have much more in common than a simple birthdate. Details of their past are suspicious, and they are determined to figure out what their parents are hiding. Small threads of new information are discovered, leading the Preston Six to venture in search for the truth. What they find pushes the boundaries of their beliefs. Now, they’re forced to leave everything to face an unknown adversary who’s been hunting for them since the day they were born. They must rise as one, or fall to enemy hands.
**Medicare fact sheet**

Medicare beneficiaries are entitled to certain benefits if they are at risk for eye conditions causing vision loss or blindness. Prevent Blindness America has released a comprehensive fact sheet detailing eye-related services that Medicare beneficiaries are eligible to receive. Benefits include a “Welcome to Medicare” visit with their physician focused on screening and prevention, screening exams for glaucoma and diabetic retinopathy, cataract surgery, treatment for age-related macular degeneration and prescription drug coverage. All services have specific criteria for eligibility. To obtain a free copy of this fact sheet by mail, call 800-331-2020, or download from its website at [https://www.preventblindness.org/sites/default/files/national/documents/fact_sheets/MK6_6_10.1.13_Medicare.pdf](https://www.preventblindness.org/sites/default/files/national/documents/fact_sheets/MK6_6_10.1.13_Medicare.pdf).

**Health Library**

The Health Library at Vista Center, an affiliate of the Stanford Health Library, is designed to help individuals with vision loss find information on eye conditions. The library is staffed by volunteers with vision loss who are trained in researching health-related conditions. Health Library volunteers are happy to research your specific health-related questions and will send information to you via large print or email. Monthly research newsletters via email on age-related macular degeneration, glaucoma, optic neuropathy and diabetes are also available. The newsletters are compiled from research reports from professional journals such as Medscape, Medline, Nature and Ophthalmology. These free research services are a source of information, but are not meant as a substitute for your doctor’s medical advice. To sign up for the newsletters or to submit your request for information, email Dawn Wilcox at thl@vistacenter.org or call 650-858-0202.

**Helpful Links for Seniors**

- **Illinois Eye Center**
  [https://www.illinoiseyecenter.com/](https://www.illinoiseyecenter.com/)

- **Eversight Vision Illinois**
  [https://www.eversightvision.org/t2_grid/illinois/](https://www.eversightvision.org/t2_grid/illinois/)

- **Alzheimer’s Association Illinois**
  [https://az.org/](https://az.org/)