Hello! I hope everyone is doing well and staying safe. This issue is coming to you a little late – things are a bit crazy as I’m sure you all know. Since most of us are spending a lot more time at home, I thought some ideas about things to do might be in order. If any of these titles look interesting, be sure to check out our website to see about checking one out today!

**Craft, Inc. by Meg Mateo Ilasco**

The growing legions of crafters looking to turn their hobby into a profession can rely on the tried and true advice in *Craft, Inc.* In this completely revised edition of the definitive crafter’s business book, entrepreneur Meg Mateo Ilasco offers expanded and authoritative guidance on everything from developing products and sourcing materials to writing a business plan and paying taxes. With all-new sections on opening an online shop, using social media strategically, and more along with updated interviews from such craft luminaries as Jonathan Adler and Jill Bliss this comprehensive primer features the most current information on starting and running a successful creative business.

**The Martha Manual by Martha Stewart**

Martha Stewart is America’s go-to source for the best answers to nearly every question. As an authority on the many worlds upon which she’s built her domestic empire, she can advise on everything from creating a cutting garden and setting the table to playing classic lawn games or building a campfire. Whether it’s organizing, celebrating, cleaning, decorating, or any number of other life skills, these are the time-tested, Martha-approved strategies for frequent challenges and basic how-to knowledge that everyone should have at the ready. With hundreds of expert tips and useful insights in an easy-to-follow format, this is the manual you need to learn how to do everything—the Martha way.

**The Self-Care Solution by Jennifer Ashton, M. D.**

Dr. Ashton becomes both researcher and subject as she focuses on twelve separate challenges. Beginning with a new area of focus each month, she guides you through the struggles she faces, the benefits she experiences, and the science behind why each month’s challenge—giving up alcohol, doing more push-ups, adopting an earlier bedtime, limiting technology—can lead to better health. Month by month, Dr. Ashton tackles a different area of wellness with the hope that the lessons she learns and the improved health she experiences will motivate her (and you) to make each change permanent. Throughout, she offers easy-to-comprehend health information about the particular challenge to help you understand its benefits and to stick with it. Whether it’s adding cardio or learning how to meditate, Dr. Ashton makes these daily lifestyle choices and changes feel possible—and shows how beneficial a mindful lifestyle can be.

**One Dough, Ten Breads by Sarah Black**

For anyone who’s ever wanted to bake homemade bread but doesn’t know where to begin, *One Dough, Ten Breads* is the answer. With just a few ingredients, one’s own two hands, and this book, even a novice baker is well on the way to making artisan-style breads. Baking instructor Sarah Black starts with the simplest “plain white” dough, then makes small changes to ingredients, proportions, and shapes to take the reader through ten “foundation” breads, from baguettes to ciabatta to whole-wheat pain de campagne to sourdough. Notes and teaching moments, shaping instructions, clear step-by-step photography, and additional recipes build on this foundation to create new and varied breads that will appeal to bakers of all skill levels, including: sandwich loaves, rustic country-style breads, dinner rolls, pizza and focaccia, crackers, and hearty breads studded with dried fruits, nuts, seeds, or whole grains.

**Beginner’s Garden by Alex Mitchell**

This book offers a fun and lighthearted guide to growing your own salads, herbs, vegetables, and fruit, armed with little more than a trowel and some seedlings!

Aimed at complete beginners, *Beginner’s Garden* de-mystifies the gardening process with sound practical and seasonal advice, lots of hints and tips for successful growing, delicious recipes, and fun weekend projects to help you make the most of your outdoor area, however small. This completely new kind of gardening book is ideal for first-timers who have busy working lives but still want to grow their own produce—without spending all weekend digging!
Everyday Watercolor by Jenna Rainey

This beautifully illustrated and inspiring guided watercolor-a-day book is perfect for beginning watercolor artists, artists who want to improve their watercolor skills, and visual creatives. From strokes to shapes, this book covers the basics and helps painters gain confidence in themselves along with inspiration to develop their own style over the course of 30 days. Featuring colorful contemporary art from Mon Voir design agency founder and Instagram trendsetter Jenna Rainey, this book’s fresh perspective paints watercolor in a whole new light.

Knitting Without Needles by Anne Weil

Who knew you could actually knit without needles? Put down those complicated knitting projects that take forever to finish. Knitting Without Needles brings cool home, gifts, and clothing accessories—cowls, totes, rugs, poufs, scarves, and more—within arm’s reach. An all-in-one resource for a new kind of craft, this book shows you how to loop yarn with your fingers or your forearms with thirty patterns that are simple to follow and produce stylish results. Best of all, many of them knit up fast—in less than an hour!

Statement from the Peoria Area Convention and Visitors Bureau

The Peoria Area Convention and Visitors Bureau continues to monitor the latest Developments regarding the Coronavirus (COVID-19) regionally and any potential impact it may have on our day-to-day operations, incoming conventions and events throughout the Peoria area. The health and safety of our region’s residents and visitors is always our top priority.

Enjoy Peoria continues to work closely with our amazing community partners to provide up to date information for the local business community. A central information hub was created to share resources for our regional business community. Please visit www.gpcovid.com for a complete list of business resources. Also visit www.peoria.org/COVID-19 for list of local resources and information.

2020 Census

Every household will receive an invitation by mail to complete the 2020 Census. Once the invitation arrives, you should respond for your home in one of three ways: online, by phone or by mail. By law, the Census Bureau cannot release any identifiable information about you, your home or your business, even to law enforcement agencies. The 2020 Census does not include a citizenship question. Avoid scams and fraud – the Census Bureau will not send unsolicited emails to request your participation in the 2020 Census, and you will never be asked for your Social Security number, money, donations, or your bank account or credit card numbers. In addition, the Census Bureau will not contact you on behalf of a political party. If census takers visit your home to collect a response for the 2020 Census, make sure that they have a valid ID badge. Call 800-923-8282 if you have questions about their identity or suspect fraud.

Helpful Links for Seniors

Automated Medication Dispenser Providers
https://webapps.illinois.gov/AGE/ProviderProfileSearch

Retired Senior Volunteer Program (RSVP) Sites in Illinois
https://www.nationalservice.gov/programs/senior-corps/senior-corps-programs/rsvp

Peoria City/County Health Department
https://www.pcchd.org/

COVID-19 Special Shopping Hours for Seniors
https://irma.org/covid-19-senior-shopping/